

Alexis M. May

Curriculum Vitae

National Center for Veterans Studies
Department of Psychology
College of Social and Behavioral Science
The University of Utah
380 1530 E, Salt Lake City, UT 84112

Citizenship: United States of America
alexis.may@psych.utah.edu

CURRENT POSITION

Postdoctoral Research Fellow
August 2016 -

National Center for Veterans Studies
Dept. of Psychology, University of Utah
Mentors: Dr. Craig Bryan and Dr. Brian Baucom

EDUCATION

Clinical Psychology Resident
July 2015- July 2016

Warren Alpert Medical School of Brown University
Providence, RI
Research Advisor: Dr. Ivan Miller

PhD Psychology (Clinical)
August 2016

University of British Columbia, Vancouver BC
Dissertation: *The Inventory of Motivations for Suicide Attempts (IMSA): Developing and Validating a New Measure in Five Samples*
Advisor: Dr. E. David Klonsky

M.A. Psychology (Clinical)
November 2010

University of British Columbia, Vancouver BC
Thesis: *Distinguishing suicide attempters from suicide ideators*
Advisor: Dr. E. David Klonsky

B.A. Psychology (Honors)
B.A. Neuroscience & Behavior
May 2005

Wesleyan University, Middletown, CT

PEER-REVIEWED PUBLICATIONS (19)

Lamis, D., Ballard, E., & **May, A.M.** (in press). Hopelessness, Depressive Symptoms, and Suicide Ideation in College Students Experiencing Alcohol-Related Problems with Varying Levels of Social Support. *Journal of Clinical Psychology*

Klonsky, E. D., **May, A.M.**, & Saffer, B. Y. (2016). Suicide, suicide attempts, and suicidal ideation. *Annual review of clinical psychology*, 12, 307-330.

May, A.M., O'Brien, K.M., Liu, R.T., & Klonsky, E.D. (2016) Descriptive and psychometric properties of the Inventory of Motivations for Suicide Attempts (IMSA) in an inpatient adolescent sample. *Archives of Suicide Research*.

May, A.M. & Klonsky, E.D (2016). What distinguishes suicide attempters from suicide ideators? A meta-analysis of potential factors. *Clinical Psychology: Science and Practice*, 23(1), 5-20.

May, A.M. & Klonsky, E.D. (2015). "Impulsive" suicide attempts: What do we really mean? *Personality Disorders: Theory, Research, and Treatment*.

- Anestis, M.D., Bryan, C.J., **May, A.M.**, Law, K.C., Hagan, C.R., Bryan, A.O., Chu, C., Michaels, M.S., Selby, E.A., Klonsky, E.D., & Joiner, T.E. (2015). Dangerous words? An experimental investigation of the impact of detailed reporting about suicide on subsequent attempt risk. *Journal of Clinical Psychology*, *71*, 1031-1041.
- Klonsky, E.D. & **May, A.M.** (2015). The Three-Step Theory (3ST): A New Theory of Suicide Rooted in the 'Ideation-to-Action' Framework. *International Journal of Cognitive Therapy*, *8*, 114-129.
- Bryan, C., Bryan, A., **May, A.M.**, & Klonsky, E.D. (2014). From thought to action: Trajectories among suicide ideation, nonsuicidal self-injury, and suicide attempts in a nonclinical sample of military personnel and veterans. *Suicide and Life-Threatening Behavior*.
- Klonsky, E.D. & **May, A.M.** (2014). Differentiating suicide attempters from suicide ideators: A critical frontier for suicidology research. *Suicide and Life-Threatening Behavior*, *44*, 1-5.
- May, A.M.** & Klonsky, E.D. (2013). Assessing motivations for suicide attempts: Development and psychometric properties of the Inventory of Motivations for Suicide Attempts (IMSA). *Suicide and Life-Threatening Behavior*, *43*, 532-546.
- Klonsky, E.D., **May, A.M.**, & Glenn, C. R. (2013). The relationship between non-suicidal self-injury and attempted suicide: Converging evidence from four samples. *Journal of Abnormal Psychology*, *122*, 231-237.
- May A.M.**, Klonsky, E.D., & Klein, D.N. (2012). Predicting future suicide attempts among depressed suicide ideators: A 10-year longitudinal study. *Journal of Psychiatric Research*, *46*, 946-952.
- May A.M.** & Klonsky, E.D. (2011). Validity of suicidality items from the Youth Risk Behavior Survey in a high school sample. *Assessment*, *18*, 379-381.
- Klonsky, E.D. & **May A.M.** (2010). Rethinking impulsivity in suicide. *Suicide and Life-Threatening Behavior*, *40*, 612-619.
- Striegel-Moore R.H., Rosselli F., Perrin N., DeBar L., Wilson G.T., **May A.M.** & Kraemer H.C. (2009). Gender differences in the prevalence of eating disorder symptoms. *International Journal of Eating Disorders*, *42*, 471-474.
- Pisetsky E.M., Chao Y.M., Dierker L.C., **May A.M.**, & Striegel-Moore R.H. (2008). Disordered eating and substance use in high school students: Results from the Youth Risk Behavior Surveillance System. *International Journal of Eating Disorders*, *41*, 464-470.
- Striegel-Moore R.H., Franko D.L., Thompson D., Affenito S., **May A.M.**, & Kraemer H.C. (2008). Exploring the typology of night eating syndrome. *International Journal of Eating Disorders*, *41*, 411-418.
- Chao Y.M., Pisetsky E.M., Dierker L.C., Dohm F.A., Rosselli F., **May A.M.**, & Striegel-Moore R.H. (2008). Ethnic differences in weight control practices among U.S. adolescents from 1995 to 2005. *International Journal of Eating Disorders*, *41*, 124-133.
- Striegel-Moore R.H., Franko D.L., **May A.M.**, Ach E., Thompson D., & Hook J.M. (2006). Should night eating syndrome be included in the DSM? *International Journal of Eating Disorders*, *39*, 544-549.

INVITED ARTICLES (1)

- Klonsky, E.D. & **May, A.M.** (2015). Impulsivity and Suicide Risk: Review and Clinical Implications. *Psychiatric*

PRESENTATIONS

Invited Talks (3)

- May, A.M.** (2016, June). *Managing Suicidality in Patients with Chronic Pain*. Presented at the Behavioral Medicine Case Conference, Behavioral Medicine Clinical Services, Lifespan Hospitals, Providence, RI.
- May, A.M.** (2014, April). *Assessing Motivations for Attempted Suicide*. Presented at the Military Suicide Research Consortium Pre-Conference Training Day, American Association of Suicidology (AAS), Los Angeles, CA.
- May, A. M.** (2013, August). *Preventing Suicide: Myths, Facts, and How You Can Help*. Presented at the University of British Columbia Employee and Family Assistance Program, Vancouver, BC.

Other Conference Talks (14)

- Lamis, D., Ballard, E., & **May, A.M.** (2016, April). *Depressive Symptoms and Suicidal Ideation in College Students: The Mediating and Moderating Roles of Hopelessness, Alcohol Problems, and Social Support*. Paper presented at the 49th annual meeting of the American Association of Suicidology (AAS), Chicago, IL.
- May, A.M.** (2015, October). *Clarifying Capability: Identifying the Strongest Correlates of Suicide Attempts among Suicide Ideators*. Paper presented at the International Academy for Suicide Research (IASR) International Summit on Suicide Research, New York, NY.
- May, A.M., O'Brien, K.M., Liu, R., & Klonsky, E.D.** (2015, April). *Why do Adolescents Attempt Suicide?: Descriptive and Psychometric Properties of the Inventory of Motivations for Suicide Attempts (IMSA) among Adolescent Inpatients*. Paper presented at the 48th annual meeting of the American Association of Suicidology (AAS), Atlanta, GA.
- May, A.M. & Klonsky, E.D.** (2015, April). *Comparing Motivations for Suicide Attempts with Motivations for Suicide Ideation: Similarities, Differences, and the Role of Gender*. In K. Crowley (Chair), *Improving Imminent Risk Assessment: Conceptual and Empirical Considerations*. Symposium presented at the 48th annual meeting of the American Association of Suicidology (AAS), Atlanta, GA.
- May, A.M.** (2014, November). *Distinguishing suicide attempters from suicide ideators: A meta-analysis of 12 potential risk factors*. In **A.M. May** (Chair), *A new focus in suicide research: What distinguishes suicide ideators, suicide attempters, and suicide decedents?* Symposium presented at the 48th annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Philadelphia, PA.
- May, A.M. & Klonsky, E.D.** (2014, April). *Suicidality among individuals with and without NSSI: Exploring age of onset, suicide attempt, and attempter characteristics*. In **A.M. May** (Chair), *What NSSI can tell us about suicide: Exploring a complex relationship*. Symposium presented at the 47th annual meeting of the American Association of Suicidology (AAS), Los Angeles, CA.
- Anestis, M.D., Bryan, C.J., **May, A.M.**, Law, K.C., Hagan, C.R., Khazem, L.R., . . . , & Joiner, T.E. (2014, April). *Dangerous words? Examining the impact of detailed reporting about suicide*. Paper presented at the 47th annual meeting of the American Association of Suicidology (AAS), Los Angeles, CA.
- May, A.M. & Klonsky, E.D.** (2013, June). *Impulsivity and suicide attempts: Investigating a complex relationship among recent suicide attempters*. Paper presented at the International Academy for Suicide Research (IASR) World Congress on Suicide, Montreal, QC.
- May, A.M. & Klonsky, E.D.** (2013, April). *What does it mean to "feel suicidal"?* Paper presented at the 46th

annual meeting of the American Association of Suicidology (AAS), Austin, TX.

Klonsky, E.D. & **May, A.M.** (2013, April). *The transition from suicidal thoughts to attempts (and back again)*. Paper presented at the 46th annual meeting of the American Association of Suicidology (AAS), Austin, TX.

May, A.M. & Klonsky, E.D. (2012, November). *Assessing motivations for attempted suicide: Description, development, and validation of the Inventory of Motivations for Suicide Attempts (IMSA)*. In C. Bagge & C.R. Glenn (Chairs). *Measurement matters: Roadblocks and innovations in the assessment of suicide*. Symposium at the 46th annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), National Harbor, MD.

May, A.M. & Klonsky, E.D. (2012, April) *Personality and Suicide: Understanding relationships between maladaptive traits and characteristics of suicide attempts*. Paper presented at the 45th annual meeting of the American Association of Suicidology (AAS), Baltimore, MD.

May, A.M. (2011, October) *The role of personality in suicide attempts*. Paper presented at the Canadian Association for Suicide Prevention (CASP), Vancouver, BC.

Klonsky, E.D. & **May, A.M.** (2010, April). *The relationship between non-suicidal self-injury and attempted suicide in three samples*. Presentation at the 44th annual meeting of the American Association of Suicidology (AAS), Orlando, FL.

Poster Presentations (22)

May, A.M., Arias, S.A., Boudreaux, E., Camargo, C., Miller, I. (2016, April). *Predictors of the transition from suicide ideation to suicide attempt over 12 months*. Poster presented at the 3rd annual Mind Brain Research Day, Brown University, Providence, RI.

May, A.M. & Klonsky, E.D. (2015, November). *Comparison of non-suicidal self-injury (NSSI) in adults who consider suicide versus adults who attempt suicide*. Poster presented at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Chicago, IL.

May, A.M. & Klonsky, E.D. (2015, April). *Emotions experienced during suicidal thinking*. Poster presented at the 2nd annual meeting of the Society for Affective Science (SAS), Oakland, CA.

May, A.M. & Klonsky, E.D. (2014, November). *Do suicide attempt characteristics remain the same across multiple attempts?* Poster presented at the 48th annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Philadelphia, PA.

James, J.S., **May, A.M.**, Arnau, R.C., Selby, E.A., Bryan, C.J., Joiner, T.E., Klonsky, E.D., & Anestis, M.D. (2014, November). *Suicidal plans and preparations predict attitudes toward suicide*. Poster presented at the 48th annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT). Philadelphia, PA.

May, A.M. & Klonsky, E.D. (2014, May). *Distinguishing suicide attempt from ideation: Between and within person factors*. Poster presented at the 26th annual meeting of the Association for Psychological Science (APS), San Francisco, CA.

May, A.M. & Klonsky, E.D. (2014, April). *Temporal stability of suicide attempt characteristics across multiple attempts*. Poster presented at the 47th annual meeting of the American Association of Suicidology (AAS), Los Angeles, CA.

May, A.M. & Klonsky, E.D. (2013, November). *Does the nature of suicide attempts differ for those who have vs. have not engaged in NSSI?* Poster presented at the 47th annual meeting of the Association for Behavioral

and Cognitive Therapies (ABCT), Nashville, TN.

- May, A.M.** & Klonsky, E.D. (2013, June). *Characteristics of suicide attempts among adults with and without NSSI: Investigating gender differences*. Poster presented at the 8th annual meeting of the International Society for the Study of Self-Injury (ISSS), Vancouver, BC.
- Le, M., Klonsky, E.D., & **May, A.M.** (2013, April). *Suicide ideation: Positive affective experiences*. Poster presented at the 46th annual meeting of the American Association of Suicidology (AAS), Austin, TX.
- Speed, B., **May, A.M.**, & Klonsky, E.D. (2013, April). *How non-lethal suicide attempts end: Differences in concluded, aborted, and interrupted attempts*. Poster presented at the 46th annual meeting of the American Association of Suicidology (AAS), Austin, TX.
- May, A.M.** & Klonsky, E.D. (2013, January). *Relationship of personality traits to suicide attempts*. Poster presented at the 14th annual meeting of the Society for Personality and Social Psychology (SPSP), New Orleans, LA.
- May, A. M** & Klonsky E.D. (2012, November). *The role of social desirability in reporting characteristics of suicide attempts*. Presentation at the 46th annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), National Harbor, MD.
- May, A.M.** & Klonsky, E.D. (2011, November). *Relationship of personality traits to characteristics of and motivations for suicide*. Poster presented at the 45th annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Toronto, ON.
- May, A.M.** & Klonsky, E.D. (2011, April). *Differentiating suicide attempters from suicide ideators: A review of the literature*. Poster presented at the 44th annual meeting of the American Association of Suicidology (AAS), Portland, OR.
- May, A.M.**, Klonsky, E.D., & Klein, D.N. (2010, November). *Predicting suicide attempts among depressed suicide ideators: A 10-year longitudinal study*. Poster presented at the 44th annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), San Francisco, CA.
- May, A.M.** & Klonsky, E.D. (2010, April). *Predictors of attempted suicide in a 10-year longitudinal study of depressed suicide ideators*. Poster presented at the 43rd annual meeting of the American Association of Suicidology (AAS), Orlando, FL.
- May, A.M.** & Klonsky, E.D. (2009, November) *Validity of suicidality items from the Youth Risk Behavior Survey*. Poster presented at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), New York, NY.
- May, A.M.** & Klonsky, E.D. (2009, June). *Non-suicidal self-injury and suicidality in a random sample of American adults*. Poster presented at the 4th annual meeting of the International Society for the Study of Self-Injury (ISSS), Stony Brook, NY.
- Wilson G.T., **May A.M.**, Rosselli F., DeBar L., & Striegel-Moore R. (2006, May). *Gender differences in eating disorder symptoms*. Poster presented at the 18th annual meeting of the American Psychological Society (APS), New York, NY.
- Striegel-Moore R.H., Franko D.L., Thompson D., Affenito S., **May A.M.**, & Kraemer H. (2006, May). *Night eating syndrome: evidence of subtypes?* Poster presented at the 18th annual meeting of the American Psychological Society (APS), New York, NY.
- Woolley S.B., Goethe J.W., **May A.M.**, & Piez D. (2006, May) *Distinguishing patients who attempt suicide from*

patients with ideation only. Poster presented at the 159th annual meeting of the American Psychiatric Association (APA), Toronto, ON.

AWARDS AND COMPETITIVE FUNDING

May 2016 British Columbia Psychology Association Graduate Medal in Psychology
March 2014 Faculty of Arts Graduate Research Award, *University of British Columbia* (\$800)
June 2013 Dissertation Completion Award, *Military Suicide Research Consortium* (\$2000)
June 2013 Student Travel Award, *International Academy for Suicide Research* (\$500)
April 2013 Pre-conference Training Day Award, *Military Suicide Research Consortium* (\$1000)
July 2012 Graduate Student Research Award for “Predicting future suicide attempts among depressed suicide ideators: A 10-year longitudinal study,” *APA Division 12, Section VII (Clinical Emergencies & Crises)*
Sept. 2010 Simons Foundation Doctoral Scholarship (\$10,000)
Sept. 2008 Stony Brook University Graduate Council Fellowship (\$18,600)

RESEARCH TRAINING

Psychosocial Research Group, Department of Psychiatry and Human Behavior, Alpert Medical School of Brown University – Psychology Resident

July 2015 – July 2016

Supervisors & Mentors: Dr. Ivan Miller, Dr. Michael Arney, Dr. Lauren Weinstock

Personality, Emotion, & Behaviour Lab, Stony Brook University & University of British Columbia - Graduate Assistant

September 2008 – July 2015

Supervisor: Dr. E. David Klonsky

Binge Eating Self-Guided Treatment Study, Wesleyan University - Associate Project Director

June 2005 – January 2007

Supervisors: Dr. Ruth Striegel Weissman, Dr. Faith-Ann Dohm, Dr. G. Terence Wilson

Burlingame Center for Psychiatric Research and Education, Institute of Living, Hartford Hospital - Research Assistant

August 2004 – January 2007

Psychology Department, Wesleyan University - Research Assistant

September 2003 – May 2005

AD HOC REVIEWER

American Journal of Psychiatry

Archives of Suicide Research

Assessment

Clinical Psychology Review

Cognitive Therapy and Research

Comprehensive Psychiatry

Eating and Weight Disorders

Journal of Affective Disorders

Journal of Research on Adolescence

Psychiatry Research

Suicide and Life-Threatening Behavior

PROFESSIONAL MEMBERSHIPS

American Association of Suicidology

American Psychological Association

Association for Behavioral and Cognitive Therapies

Alexis M. May

Association for Psychological Science
International Society for the Study of Self-Injury
Society for a Science of Clinical Psychology

CLINICAL TRAINING

Adult Behavioral Medicine Rotation, The Miriam Hospital

March 2016 - June 2016; 5 days/week

Women's Partial Hospital Program, Butler Hospital

November 2015 - February 2016; 5 days/week

Inpatient Psychiatry Units, Rhode Island Hospital

July 2015 - October 2015; 5 days/week

Concurrent Disorders Intervention Unit, Vancouver General Hospital

May 2014 - September 2014; 1 day/week

Neuropsychology, Outpatient Mental Health, Richmond General Hospital

May 2013 - October 2013; 1 day/week

BC Operational Stress Injury Clinic, Veterans Affairs Canada

September 2012 - May 2013; 2 days/week

Dialectical Behaviour Therapy Centre of Vancouver

June 2011 - December 2012; 2 days/week

Cognitive Behaviour Therapy Team, Psychology Clinic, UBC

September 2010 - April 2011; ½ day/week

Royal Columbian Hospital Inpatient Psychiatry Unit

September 2010 - June 2011; 2 days/week

Royal Columbian Hospital Outpatient CBT Program

May 2010 - August 2010; 1 day/week

Interpersonal Therapy Team, Psychology Clinic, UBC

September 2009 - April 2010; 1 day/week

CLINICAL WORK AND VOLUNTEER EXPERIENCE

Psychology Clinic, Department of Psychology, UBC - Graduate Assistant

June 2011 - September 2014

Suicide Prevention Services of the Central Coast, Santa Cruz, CA - Coordinator

March 2007 - July 2008

8-to-8 Peer Listening Service, Wesleyan University, Middletown, CT - Volunteer and Trainer

August 2002 - May 2005

Samaritans, Boston, MA - Helpline Volunteer

June 2002 - August 2002

Office of Health Education, Wesleyan University, Middletown, CT - Peer Health Advocate

August 2001 - May 2005

DEPARTMENTAL SERVICE

July 2015 - July 2016

Resident Representative to the Training Committee

Sept. 2014 - Dec 2015

Graduate Student Representative to the Faculty Search Committee (Clinical)

Sept. 2011 - May 2015

Graduate Student Representative to the Health & Safety Committee

Sept. 2010 - May 2015

Graduate Student Representative to the Annual Report Committee

Sept. 2010 - January 2011

Graduate Student Representative to the Faculty Search Committee (Behavioral Neuroscience)

June 2010 – May 2015
Sept. 2009 – May 2015

Graduate Student Representative to the Clinical Area
Clinical Area Representative to the Graduate Student Council

TEACHING EXPERIENCE

Teaching Fellow

- Research Methods (2013)

Teaching Assistant

- Assessment: A Critical Survey (2014)
- Introduction to Psychology (2010, 2012, 2013, 2015)
- Behavioral Disorders (2010, 2011)
- Human Sexuality (2010)
- Abnormal Psychology (2009)
- Behavioral Neurobiology (2004)