

## TIMOTHY W. SMITH

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EDUCATION

Post-Doctoral Fellow, Brown University Program in Medicine, 1983  
 Pre-Doctoral Clinical Psychology Intern, Brown University Program in Medicine, 1982  
 Ph.D. University of Kansas, Clinical Psychology, Aug. 1982  
 M.A. University of Kansas, Clinical Psychology, June 1980  
 B.A. Gettysburg College, Psychology, June 1977

POSITIONS

2014 - present, Distinguished Professor, Department of Psychology, University of Utah  
 1996 - 2002, Chair, Department of Psychology, University of Utah  
 1992 - 1996, 2006 – 2009 Director of Clinical Training  
 1990 - 2014, Professor, Department of Psychology, University of Utah  
 1986 - 1990, Associate Professor, Department of Psychology, University of Utah  
 1983 - 1986, Assistant Professor, Department of Psychology, University of Utah

HONORS

Outstanding Contributions to Health Psychology by a Senior Professional Award,  
 Society for Health Psychology (APA Division 38) 2016  
 The 1949 Award for Outstanding Alumni in Clinical Psychology, University of Kansas, 2016  
 Distinguished Teaching Award, University of Utah, 2016  
 Superior Teaching Award, College of Social and Behavioral Sciences, 2015  
 Patricia R. Barchas Award in Sociophysiology, American Psychosomatic Society, 2014  
 Distinguished Mentor Award, Graduate School, University of Utah, 2014  
 C. Tracy Orleans Distinguished Service Award, Society of Behavioral Medicine, 2013  
 President, Academy of Behavioral Medicine Research, 2010-2011  
 Irwin Altman Award for Faculty Excellence, Psychology Department, University of Utah, 2009  
 Utah Psychological Association, Academic Excellence Award, 2007  
 Distinguished Scientist Award, Society of Behavioral Medicine, 2003  
 President, Division of Health Psychology, American Psychological Association, 2000-2001  
 Academy of Behavioral Medicine Research, Elected 2000  
 University of Utah Distinguished Research Award, 1998  
 American Psychosomatic Society, Early Career Award, 1992  
 Division of Health Psychology, American Psychological Association  
 Early Career Award for Outstanding Contributions to Health Psychology, 1991  
 College of Social and Behavioral Sciences Superior Research Award, Senior Category  
 University of Utah, 1990  
 David Schulman Award for Excellence in Clinical Psychology, University of Kansas, 1980

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Phi Beta Kappa, Gettysburg College, 1977

### MEMBERSHIPS IN PROFESSIONAL SOCIETIES

American Psychological Association

Division 8 - Personality and Social Psychology; Division 38 - Health Psychology (Fellow)

American Psychosomatic Society

Society of Behavioral Medicine (Fellow)

American Psychological Society (Fellow)

### PUBLICATIONS

\*Baron, C.E., Smith, T.W., Baucom, B.R., Uchino, B.N., Williams, P.G., Sundar, K.M., Czajkowski, L. (2020). Relationship partner social behavior and CPAP adherence: The role of autonomy support. *Health Psychology, 39*, 325-324.

\*Cribbet, M.R., Smith, T.W., Uchino, B.N., Baucom, B.R.W., & Nealey-Moore, J.B. (in press). Autonomic influences on heart rate during marital conflict: Associations with high frequency heart rate variability and cardiac pre-ejection period. *Biological Psychology*.

\*Deits-Lebehn, C., Baucom, K.J.W., Crenshaw, A.O., Smith, T.W., & Baucom, B.R.W. (in press). Incorporating physiology into the study of psychotherapy process. *Journal of Counseling Psychology*.

\*Deits-Lebehn, C., Smith, T.W., Baucom, B.R.W., Nealey-Moore, J., Uchino, B.N., & Berg, C.A. (2020). Two-dimension assessment of marital functioning across adulthood: The Quality of Relationships Inventory. *Journal of Family Issues, 41*, 692-707.

Felt, J.M., Russell, M.A., Ruiz, J.M., Johnson, J.A., Uchino, B.N., Allison, M., Smith, T. W., Taylor, D.J., Ahn, C., & Smyth, J. (in press). A multimethod approach examining the relative contributions of optimism and pessimism to cardiovascular disease risk markers. *Journal of Behavioral Medicine*.

Flores, M.A., Ruiz, J.M., Goans, C., Butler, E.A., Uchino, B.N., Hirai, M., Tinajero, R., Smith, T.W. (2020). Racial-ethnic differences in social networks and perceived support: Measurement considerations and implications for disparities research. *Cultural Diversity and Ethnic Minority Psychology, 26*, 189-199.

\*Grove, J.L., Smith, T.W., Carlson, S., Bryan, C., Crowell, S., Czajkowski, L., Williams, P.G., & Parkhurst, K. (2020). Prospective association between suicide cognitions and emotional responses to a laboratory stressor: The mediating role of nightly subjective sleep quality. *Journal of Affective Disorders, 265*, 77-84.

Hirai, M., Charak, R., Seligman, L.D., Hovey, J.D., Ruiz, J.M., Smith, T.W. (in press). An association between perceived social support and posttraumatic stress symptom severity among women with lifetime sexual victimization: The serial mediating role of resilience and coping. *Violence*

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\*student co-author

*Against Women.*

- McGarrity, L., Huebner, D., Smith, T.W., Suchy, Y. (2020). Minority stress, emotion regulation, and executive function: An experimental investigation of gay and lesbian adults. *Personality and Social Psychology Bulletin*, *46*, 365-376.
- Proeschold-Bell, R.J., Steinberg, D., Yao, J., Eagle, D.E., Smith, T.W., Cai, G., & Turner, E.L. (2020). Using a holistic health approach to achieve long-term weight maintenance: Results from the Spirited Life intervention. *Translational Behavioral Medicine*, *10*, 223-233.
- Smith, T.W. (2020). Health psychology and behavioral medicine: Methodological issues in the study of psychosocial influences on physical health. In A.G.C. Wright and M.N. Hallquist (Eds), *The Cambridge handbook of research methods in clinical psychology* (pp 287- 298). Cambridge, UK: Cambridge University Press.
- Smith, T.W., Baron, C.E., Caska-Wallace, C.M., Knobloch-Fedders, L., Renshaw, K.D., & Uchino, B.N. (in press). PTSD in Veterans, couple behavior, and cardiovascular response during marital conflict. *Emotion*.
- Smith, T.W., Baron, C.E., Deits-Lebehn, C., Uchino, B.N., Berg, C.A. (in press). Is it me or you? Marital conflict behavior and blood pressure reactivity. *Journal of Family Psychology*.
- Smith, T.W., Cundiff, J.M., & Baucom, B.R. (in press). Aggregation of psychosocial risk factors: models and methods. In S.R. Waldstein, W.J. Kop, L.I. Katzel, & E.C. Suarez (Eds.), *Handbook of cardiovascular behavioral medicine* (pp - ). New York: Springer.
- Smith, T.W., Deits-Lebehn, C. Williams, P.G., Baucom, B.R., & Uchino, B.N. (2020). Toward a social psychophysiology of vagally-mediated heart rate variability: Concepts and methods in self-regulation, emotion, and interpersonal processes. *Social and Personality Psychology Compass*, *14*(3), e12516.
- Uchino, B.N., Birmingham, W., Landvatter, J., Cronan, S., Scott, E., & Smith, T.W. (in press). Self-rated health and age-related differences in ambulatory blood pressure: The mediating role of behavioral and affective factors. *Psychosomatic Medicine*,
- \*Caska-Wallace, C.M., Smith, T.W., Renshaw, K., & Steven N. Allen. (2019). Standardized assessment of relationship functioning in OEF/OIF Veterans with and without PTSD. *Military Psychology*, *31*, 373-383.
- \*Deits-Lebehn, C., Smith, T.W., Grove, J.L., Williams, P.G., & Uchino, B.N. (2019). Dispositional mindfulness, nonattachment, and experiential avoidance in the interpersonal circumplex. *Personality and Individual Differences*, *151*(1), 109522.

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\*student co-author

- Doyle, C.Y., Ruiz, J.M., Taylor, D., Flores, M., Dietch, J., Smyth, J., Ahn, C., Allison, M., Smith, T.W., & Uchino, B.N. (2019). Associations between objective sleep and ambulatory blood pressure in a community sample. *Psychosomatic Medicine*, *81*, 545-556.
- \*Grove, J.L., Smith, T.W., Girard, J.M., & Wright, A.G. (2019). Narcissistic admiration and rivalry: An interpersonal approach to construct validation. *Journal of Personality Disorders*, *33*, 751-775.
- Kent de Grey, R. G., Uchino, B. N., Baucom, B. R. W., Smith, T. W., Holton, A. E., & Diener, E. F. (2019). Enemies and friends in high-tech places: The development and validation of the Online Social Experiences Measure. *Digital Health*, *5*, 1-20.
- Kent de Grey, R. G., Uchino, B. N., Pietromonaco, P. R., Hogan, J., Smith, T. W., Cronan, S., & Trettevik, R. (2019). Strained bedfellows: An actor-partner analysis of spousal attachment insecurity and sleep quality. *Annals of Behavioral Medicine*, *53*, 115-125.
- McGarrity, L., Perry, N.S., Derbidge, C., Trapp, S.K., Terrill, A.L., Smith, T.W., Ibele, A.R., MacKenzie, J.J. (2019). Associations between approach and avoidance coping, psychological distress, and disordered eating among bariatric surgery candidates. *Obesity Surgery*, *29*, 3596-3604.
- Smith, T.W. (2019). Relationships matter: Progress and challenges in research on the health effects of intimate relationships. *Psychosomatic Medicine*, *81*, 2–6.
- Smith, T.W., & Parkhurst, K. (2019). Personality and physical health: Current status and future directions (pp. 195 - 212). In T.A. Revenson and R.A.R. Gurung (Eds), *New handbook of health psychology*. New York: Taylor & Francis/Routledge.
- Smith, T.W., & Weihs, K. (2019). Emotion, social relationships, and physical health: Concepts, methods, and evidence for an integrative perspective. *Psychosomatic Medicine*, *81*, 681-693.
- Uchino, B.N., Landvetter, J., Cronan, S., Scott, E., Papadakis, M., Smith, T.W., Bosch, J.A., & Joel, S. (2019). Self-rated health and inflammation: A test of depression and sleep quality as mediators. *Psychosomatic Medicine* *81*, 328-332.
- Uchino, B.N., Scott, E., Kent de Grey, R., Hogan, J., Trettevik, R., Cronan, S., Smith, T.W., Bosch, J. (2019). Sleep quality and inflammation in married heterosexual couples: An actor-partner analysis. *International Journal of Behavioral Medicine*, *26*, 247-254.
- Huebner, D.M., McGarrity, L.A., Smith, T.W., Perry, N.S., & Suchy, Y. (2018). Changes in executive function following a stressful interpersonal task are associated with condomless anal intercourse among men who have sex with men. *Annals of Behavioral Medicine*, *52*, 406-411.
- Kent de Grey, R., Uchino, B.N., Smith, T.W., & Baucom, B.R. (2018). (Too) anxious to help? Social

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support provider anxiety and cardiovascular function. *International Journal of Psychophysiology*, 123, 171-178.

- Uchino, B.N., Kent de Grey, R., Cronan, S., Smith, T.W., Diener, E., Joel, S., & Bosch, J. (2018). Life satisfaction and inflammation in couples: An actor-partner analysis. *Journal of Behavioral Medicine*, 41, 22-30.
- Butner, J., Deits-Leben, C., Crenshaw, A., Wiltshire, T., Perry, N., Kent-de Grey, R., Hogan, J., Smith, T.W., Baucom, K., & Baucom, B. (2017). A multivariate dynamic systems model for psychotherapy with more than one client. *Journal of Counseling Psychology*, 64, 616-625.
- \*Cundiff, J.M., & Smith, T.W. (2017). Social status, everyday interpersonal processes, and coronary heart disease: A social psychophysiological view: *Social and Personality Psychology Compass*, 11(4), doi: 10.1111/spc.12310.
- Dietch, J.R., Taylor, D., Smyth, J., Ahn, C., Smith, T.W., Uchino, B.N., Allison, M., & Ruiz, J.M. (2017). Gender and racial/ethnic differences in sleep duration in the North Texas Heart Study. *Sleep Health*, 3, 324-327.
- \*Grove, J.L., Smith, T.W., Crowell, S.E., & Ellis, J.H. (2017). Preliminary evidence for emotion dysregulation as a mechanism underlying poor sleep quality in borderline personality disorder. *Journal of Personality Disorders*, 31, 542-552.
- \*Grove, J.L., Smith, T.W., Crowell, S.E., & Williams, P.G. (2017). Borderline personality features, interpersonal correlates, and blood pressure responses to social stressors: Implications for cardiovascular risk. *Personality and Individual Differences*, 113, 38-47.
- \*Jordan, K.D., & Smith, T.W. (2017). The interpersonal domain of alexithymia. *Personality and Individual Differences*, 110, 65-69.
- Knobloch-Fedders, L.M., Caska-Wallace, C., Smith, T.W., & Renshaw, K. (2017). Battling on the home front: Posttraumatic stress disorder and conflict behavior in military couples. *Behavior Therapy*, 48, 247-261.
- Ruiz, J.M., Taylor, D.J., Uchino, B.N., Smith, T.W., Allison, M., Ahn, C., Johnson, J., & Smyth, J.M. (2017). Evaluating the longitudinal risk of social vigilance on atherosclerosis: Study protocol for the North Texas Heart Study. *BMJ Open*, O:e017345.doi:10.1136/bmjopen-2017-017345.
- Sarafino, E.P., & Smith, T.W. (2017). *Health Psychology: Biopsychosocial Interactions* (9<sup>th</sup> Ed). Hoboken, NJ: John Wiley & Sons.
- Smith, T.W., & Baucom, B.R.W. (2017). Intimate relationships, individual adjustment, and coronary heart disease: Implications of overlapping associations in psychosocial risk. *American*

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*Psychologist*, 72, 578-589.

- Smith, T.W., Eagle, D.E., & Proeschold-Bell, R.J. (2017). Prospective associations between depressive symptoms and the metabolic syndrome: The Spirited Life Study of Methodist pastors in North Carolina. *Annals of Behavioral Medicine*, 51, 610-619.
- Uchino, B.N., Cribbet, M., Kent de Grey, R.G., Cronan, S., & Smith, T.W. (2017). Dispositional optimism and sleep quality: A test of meditational pathways. *Journal of Behavioral Medicine*, 40, 360-365.
- Williams, P.G., Rau, H., Suchy, Y., Thorgusen, S., & Smith, T.W. (2017). On the validity of self-report assessment of cognitive abilities: Attentional Control Scale associations with cognitive performance, emotional adjustment, and personality *Psychological Assessment*, 29, 519-530.
- \*Baron, C.E., Smith, T.W., Uchino, B.N., Baucom, B.R., & Birmingham, W. (2016). Getting along and getting ahead: Affiliation and dominance predict ambulatory blood pressure. *Health Psychology*, 35, 253-261.
- \*Cundiff, J.M., Smith, T.W., Baron, C.E., & Uchino, B.N. (2016). Hierarchy and health: Physiological effects of interpersonal experiences associated with socioeconomic position. *Health Psychology*, 35, 356-365.
- \*Cundiff, J.M., Birmingham, W.C., Uchino, B.N., & Smith, T.W. (2016). Marital quality buffers the association between socioeconomic status and ambulatory blood pressure. *Annals of Behavioral Medicine*, 50, 330-335.
- Fernandez, E., & Smith, T.W. (2016). Anger, hostility and cardiovascular disease in the context of interpersonal relations. In D. Bryne & M. Alavarenga (Eds.), *Handbook of Psychocardiology*. New York: Springer.
- Russell, M.A., Smith, T.W., & Smyth, J.M. (2016). Anger expression, momentary anger, and symptom severity in patients with chronic disease. *Annals of Behavioral Medicine*, 50, 259-271.
- Segerstrom, S.C., Out, L., Granger, D.A., & Smith, T.W. (2016). Assessment of biological and physiological measures in health psychology. In Y. Benyami, M. Johnston, & V. Karademas (Eds.), *Assessment in Health Psychology* (pp. 227-238). Boston: Hogrefe.
- Smith, T.W., & Baron, C.E. (2016). Marital discord in the later years. In J. Bookwala (Ed.), *Couple relationships in mid and late life: Their nature, complexity, and role in health and illness* (pp. 37-56). Washington, DC: APA Books.
- Smith, T.W., & Williams, P.G. (2016). Assessment of social traits in married couples: Self-reports and spouse ratings around the interpersonal circumplex: *Psychological Assessment*, 28, 726-736.

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- Smith, T.W., Williams, P.G., & Ruiz, J.M. (2016). Clinical health psychology. In J.C. Norcross, G.R. VandenBos, & D.K. Freedheim (Eds.), *APA Handbook of Clinical Psychology* (pp 223-257). Washington, DC: American Psychological Association.
- Uchino, B. N., Bowen, K., Kent de Grey, R. G., Smith, T. W., Baucom, B. R., Light, K. A., & Ray, S. (2016). Loving-kindness meditation improves relationship negativity and psychological well-being: A pilot study. *Psychology, 7*, 6-11.
- Uchino, B.N., Ruiz, J.M., Smith, T.W., Smyth, J., Taylor, D., Allison, M., & Ahn, C. (2016). Ethnic/Racial differences in the association between social support and levels of c-reactive protein in the North Texas Heart Study. *Psychophysiology, 53*, 64-70.
- Birmingham, W.C., Uchino, B.N., Smith, T.W., Light, K.C., & Butner, J. (2015). It's complicated: Marital partners' perceptions of ambivalent behavior, ambulatory blood pressure, and daily interpersonal functioning. *Annals of Behavioral Medicine, 49*, 743-753.
- \*Cundiff, J.M., Smith, T.W., Butner, J., Critchfield, K., & Nealey-Moore, J. (2015). Affiliation and control in marital interaction: Interpersonal complementarity is present but is not associated with affect or marital quality. *Personality and Social Psychology Bulletin, 41*, 35-51.
- \*Cundiff, J.M., Uchino, B.N., Smith, T.W., & Birmingham, W. (2015). Socioeconomic status and health: education and income are independent and joint predictors of ambulatory blood pressure. *Journal of Behavioral Medicine, 38*, 9-16.
- \*Henry, N.J.M., Smith, T.W., Butner, J., Berg, C.A., Sewell, K., & Uchino, B.N. (2015). Marital quality, depressive symptoms, and the metabolic syndrome: A couples structural model. *Journal of Behavioral Medicine, 38*, 497-506.
- \*Jordan, K.J., Williams, P.G., & Smith, T.W. (2015). Interpersonal distinctions among hypochondriacal trait components: Styles, goals, vulnerabilities, and perceptions of health care providers. *Journal of Social and Clinical Psychology, 34*, 459-476.
- \*Kent, R. G., Uchino, B. N., Cribbet, M., Bowen, K., and Smith, T. W. (2015). Social relationships and sleep quality. *Annals of Behavioral Medicine, 49*, 912-917.
- Smith, T.W., & Jordan, K.D. (2015). Interpersonal motives and social-evaluative threat: Effects of acceptance and status stressors on cardiovascular reactivity and salivary cortisol response. *Psychophysiology, 52*, 269-276.
- Smith, T.W., & Williams, P.G. (2015). Self-reports and spouse ratings of neuroticism: Perspectives on emotional adjustment. *Journal of Family Psychology, 29*, 302-307.

- Smith, T.W., Williams, P.G., & Segerstrom, S.C. (2015). Personality and physical health. In P.R. Shaver & M. Mikulincer (Series Eds.), M. L. Cooper & R.J. Larsen (Vol. Eds.), *APA handbook of personality and social psychology (Vol 4): Personality processes and individual Differences* (639-661). Washington, DC: American Psychological Association.
- Uchino, B.N., Cawthon, R.M., Smith, T.W., Kent, R.G., Bowen, K., & Light, K.C. (2015). A cross-sectional analysis of the association between perceived network social control and telomere length. *Health Psychology, 34*, 531-538.
- Uchino, B.N., Ruiz, J.M., Smith, T.W., Smyth, J., Taylor, D., Allison, M., & Ahn, C. (2015). The strength of family ties: Perceptions of network relationship quality and levels of c-reactive protein in the North Texas Heart Study. *Annals of Behavioral Medicine, 49*, 776-781.
- \*Bowen, K., Uchino, B.N., Birmingham, W., Smith, T.W., Carlisle, M., & Light, K.C. (2014). The stress-buffering effects of functional social support on ambulatory blood pressure. *Health Psychology, 33*, (11), 1440-1443.
- \*Caska, C.M., Smith, T.W., Renshaw, K.D., Allen, S.N., Uchino, B.N., Birmingham, W., & Carlisle, M. (2014). Posttraumatic stress disorder and responses to couple conflict: Implications for cardiovascular risk. *Health Psychology, 33* (11), 1273-1280.
- \*Cribbet, M.R., Carlisle, M., Cawthon, R.M., Uchino, B.N., Williams, P.G., Smith, T.W., Gunn, H.E., & Light, K.C. (2014). Cellular aging and restorative processes: Subjective sleep quality and duration moderate the association between age and telomere length in a sample of middle-aged and older adults. *Sleep, 37*, 65-70.
- \*Jordan, K.D., Masters, K.S., Hooker, S.A., Ruiz, J.M., & Smith, T.W. (2014). An interpersonal approach to religiousness and spirituality: Implications for health and well-being. *Journal of Personality, 82*, 418-431.
- \*MacKenzie, J., Smith, T.W., Uchino, B.N., White, P.H., Light, K.C., & Grewen, K.M. (2014). Depressive symptoms, anger/hostility, and relationship quality in young couples. *Journal of Social and Clinical Psychology, 33*, 380-396.
- Sarafino, E.P., & Smith, T.W. (2014). *Health Psychology: Biopsychosocial Interactions* (8<sup>th</sup> Ed). Hoboken, NJ: John Wiley & Sons.
- Smith, T.W., Baron, C.E., & Caska, C.M. (2014). On marriage and the heart: Models, methods, and mechanisms in the study of close relationships and cardiovascular disease. In C. Agnew & S. South (Eds.), *Interpersonal relationships and health: Social and clinical psychological mechanisms* (34-70). New York: Oxford University Press.
- Smith, T.W., Baron, C.E., & Grove, J. (2014). Personality, emotional adjustment, and cardiovascular

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- risk: Marriage as a mechanism. *Journal of Personality*, 82, 502-514.
- Smith, T.W., Uchino, B.N., Bosch, J.A., & Kent, R.G. (2014). Trait hostility is associated with systemic inflammation in married couples: An actor-partner analysis. *Biological Psychology*, 102, 51-53.
- Uchino, B.N., Smith, T.W., & Berg, C. (2014). Spousal relationship quality and cardiovascular risk: Dyadic perceptions of relationship ambivalence are associated with coronary calcification. *Psychological Science*, 25, 1037-1042.
- \*Bowen, K.S., Birmingham, W., Uchino, B.N., Carlisle, M., Smith, T.W., & Light, K.C. (2013). Specific dimensions of perceived support and ambulatory blood pressure: Which support functions appear most beneficial and for whom? *International Journal of Psychophysiology*, 88, 317-324.
- \*Cundiff, J.M., Smith, T.W., Uchino, B.N., & Berg, C.A. (2013). Subjective social status: Construct validity and associations with psychosocial vulnerability and self-rated health. *International Journal of Behavioral Medicine*, 20, 148-158.
- \*MacKenzie, J., Smith, T.W., & Uchino, B.N. (2013). Cardiovascular reactivity during stressful speaking tasks in Mexican-American women: effects of language use and interaction partner ethnicity. *Journal of Behavioral Medicine*, 36, 621-631.
- Smith, T.W. (2013). Does the interpersonally sensitive disposition advance research on personality and health? Comment on Marin and Miller (2013). *Psychological Bulletin*, 139, 985-990.
- Smith, T.W., Ruiz, J.M., Cundiff, J.M., Baron, K.G., & Nealey-Moore, J.B. (2013). Optimism and pessimism in social context: An interpersonal perspective on resilience and risk. *Journal of Research in Personality*, 47, 553-562.
- Smith, T.W., Uchino, B.N., MacKenzie, J., Hicks, A.M., Campo, R.A., Reblin, M., Grewen, K.M., Amico, J.A., & Light, K.C. (2013). Effects of couple interaction and relationship quality on plasma oxytocin and cardiovascular reactivity: Empirical findings and methodological considerations. *International Journal of Psychophysiology*, 88, 271-281.
- Smith, T.W., & Williams, P.G. (2013). Behavioral medicine and clinical health psychology. In M.J. Lambert (Ed). *Bergin and Garfield's Handbook of Psychotherapy and Behavior Change* (6<sup>th</sup> ed.) (pp. 690-734). New York: John Wiley & Sons.
- Uchino, B.N., Bosch, J., Smith, T.W., Carlisle, M., Birmingham, W., Bowen, K., Light, K., Heany, J., & O'Hartaigh, B. (2013). Relationships and cardiovascular risk: Perceived spousal ambivalence in specific relationship contexts and its links to inflammation. *Health Psychology*, 32, 1067-1075.
- Uchino, B.N., Smith, T.W., Carlisle, M., Birmingham, W., & Light, K.C. (2013). The quality of

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spouses' social networks uniquely contributes to each other's cardiovascular risk. *PLOS One*, 8(8) e71881.

\*Baron, K.G., Gunn, H.E., Czajkowski, L., Smith, T.W., & Jones, C. (2012). Spouse involvement in CPAP: Does pressure help? *Journal of Clinical Sleep Medicine*, 8, 147-153.

\*Carlisle, M., Uchino, B.N., Sanbonmatsu, D.M., Smith, T.W., Cribbet, M.R., Birmingham, W., Light, K.A., & Vaughn, A. (2012). Subliminal activation of social ties moderates cardiovascular reactivity during acute stress. *Health Psychology*, 31, 217-225.

\*Cundiff, J.M., Smith, T.W., & Frandsen, C.A. (2012). Incremental validity of spouse ratings versus self-reports of personality as predictors of marital quality and behavior during marital conflict. *Psychological Assessment*, 24, 676-684.

Smith, T.W., Birmingham, W., & Uchino, B.N. (2012). Evaluative threat and ambulatory blood pressure: Cardiovascular effects of social stress in daily experience. *Health Psychology*, 31, 763-766.

Smith, T.W., Cundiff, J.M., & Uchino, B.N. (2012). Interpersonal motives and cardiovascular response: Mechanisms linking dominance and social status with cardiovascular disease. In R.A. Wright & G.H.E. Gendolla (Eds.), *How motivation affects cardiovascular response: Mechanisms and applications* (pp. 287 - 305). Washington, DC: American Psychological Association.

Smith, T.W., Gallo, L.C., Shivpuri, S., & Brewer, A.L. (2012). Personality and health: Current issues and emerging perspectives. In A. Baum, T. Revenson, & J. Singer (Eds.), *Handbook of health psychology* (2<sup>nd</sup> Edition) (pp. 374 - 404). New York: Taylor & Francis.

Smith, T.W., & Traupman, E.K. (2012). Anger, hostility, and aggressiveness in coronary heart disease: Clinical applications of an interpersonal perspective. In R. Allan & J. Fisher (Eds.), *Heart and Mind II: Evolution of Cardiac Psychology* (pp. 197-217). Washington, DC: American Psychological Association.

Smith, T.W., Uchino, B.N., Berg, C.A., & Florsheim, P. (2012). Marital discord and coronary artery disease: A comparison of behaviorally-defined discrete groups. *Journal of Consulting and Clinical Psychology*, 80, 87-92.

Uchino, B.N., Cawthon, R., Smith, T.W., Light, K.C., MacKenzie, J., Carlisle, M., Gunn, H., Birmingham, W., & Bowen, K. (2012). Social relationships and health: Is feeling positive, negative, or both (ambivalent) related to telomeres? *Health Psychology*, 31, 789-796.

\*Baron, K.G., Berg, C.A., Czajkowski, L.A., Smith, T.W., Gunn, H.E., & Jones, C.R. (2011). Self-efficacy contributes to individual differences in subjective improvements using CPAP. *Sleep and Breathing*, 15, 599-606.

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- \*Baron, K.G., Smith, T.W., Berg, C.A., Czajkowski, L.A., \*Gunn, H.E., & Jones, C.R. (2011). Spousal involvement in CPAP adherence among patients with obstructive sleep apnea. *Sleep and Breathing*, *15*, 525-534.
- Berg, C.A., Schindler, I., Smith, T.W., Skinner, M., & Beveridge, R.M. (2011). Perceptions of compensation and interpersonal enjoyment functions of collaboration among middle-aged and older couples. *Psychology and Aging*, *26*, 167-173.
- \*Cundiff, J.M., Smith, T.W., Uchino, B.N., & Berg, C.A. (2011). An interpersonal analysis of subjective social status and psychosocial risk. *Journal of Social and Clinical Psychology*, *30*, 47-74.
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### INVITED PRESENTATIONS

2018, March Getting Along and Getting Ahead: An Interpersonal Perspective on Cardiovascular Disease, Career Success, and Life Satisfaction. American Psychosomatic Society, Louisville, KY

2017, October Emotions, Relationships, and Cardiovascular Disease: An Interpersonal Perspective on Interconnected Risk. American Psychosomatic Society, Berkely, CA.

2017, July Dominance and Prestige as Satus-Related Interpersonal Styles: Implications for Cardiovascular Risk. Society for Interpersonal Theory and Research, Pittsburgh, PA.

2016, April Getting Along, Getting Ahead, and Cardiovascular Risk: An Interpersonal Perspective on Risk and Resilience. University of Kansas.

2014, August Marriage and the Heart: An Interpersonal Perspective on Relationship Quality and Cardiovascular Risk. American Psychological Association, Washington, DC.

2014, April Marriage and the Heart: An Interpersonal Perspective on Psychosocial Risk for Cardiovascular Disease. Department of Psychology, Carnegie Mellon University

2014, March Getting Along and Getting Ahead: An Interpersonal Perspective on Cardiovascular Disease. American Psychosomatic Society

2014, February Personality, relationships, and cardiovascular disease: An interpersonal perspective on aggregated risk. Society for Personality and Social Psychology, Health Preconference, Austin, Texas.

2013, October Relationships and cardiovascular health: A focus on marriage. Department of Psychology and Owens Institute for Behavioral Research, University of Georgia

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\*student co-author

- 2012, May On marriage and the heart: Models, methods, and mechanisms. Department of Psychology, Purdue University
- 2011, June On the slower progress of the psychosocial in Professor Engel's model. Presidential Address, Academy of Behavioral Medicine Research, Park City, Utah
- 2011, September Psychosocial risk for coronary heart disease: Where should we look and who should we ask? Department of Psychology, Washington University
- 2009, May. Marriage and the heart: Interpersonal concepts and methods in coronary risk. Department of Psychology, University of Delaware
- 2009, April. Marriage and the heart: Cardiovascular consequences of getting along and getting ahead. Departments of Anthropology, Psychology, and Sociology, UCLA
- 2008, October. Gender differences in close relationship concerns: Implications for heart health. Paper in the Presidential Symposium, Society for Experimental Social Psychology
- 2008, May. Circles and cycles in the search for coronary prone behavior: An interpersonal view of risk and resilience. Keynote Address, Society for Interpersonal Theory and Research.
- 2007, April. Marriage and the heart: Behavior during conflict predicts coronary artery disease. Department of Psychology, Washington State University.
- 2007, March. Marital conflict behavior predicts asymptomatic coronary artery disease. Department of Psychology, Syracuse University.
- 2007, February. Marital interactions and coronary artery disease: An interpersonal view of stress and health. Department of Psychology, University of British Columbia.
- 2006, September. Marital conflict behavior and coronary artery disease. Department of Psychology, University of Pittsburgh.
- 2006, June. Components of marital interaction and coronary artery disease. Academy of Behavioral Medicine Research.
- 2006, April. Marital interactions and coronary artery disease: An interpersonal view of stress and health. Rocky Mountain Psychological Association.
- 2005, April. Personality, social relations, and cardiovascular risk: An interpersonal perspective. Department of Psychology, University of Kansas
- 2004, October. Personality and health: An interpersonal perspective on risk and resilience. Department of Psychology, University of Iowa

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\*student co-author

- 2004, March. Personality as risk and resilience: An interpersonal path for research and application. Society of Behavioral Medicine
- 2003, April. Toward a social psychophysiology of hostility and health: The context of close relationships. Department of Psychology, University of Southern California.
- 2003, February. Hostility, marriage and the heart: Psychosomatic mechanisms in close relationships. University of California, Los Angeles.
- 2002, October. Toward a social psychophysiology of hostility and health: The context of close relationships. Department of Psychology, Ohio State University.
- 2002, March. Anger, hostility, marriage and the heart: The social psychophysiology of cardiovascular risk in close relationships. Families and Health Conference, Brigham Young University.
- 2002, March. Personality theory and research in psychosomatic medicine. Invited symposium participant, American Psychosomatic Society, Barcelona, Spain.
- 2001, October. Toward a social psychophysiology of cardiovascular reactivity, Department of Psychology, University of California, San Diego.
- 2001, August. Hostility and health: Revisiting the status of a psychosomatic hypothesis. American Psychological Association.
- 2001, March. Toward a social psychophysiology of cardiovascular reactivity. Society of Behavioral Medicine.
- 2001, February. Social psychological issues in cardiovascular reactivity. Department of Psychology, University of Kentucky.
- 2000, October. The psychophysiology of marriage and health. Department of Psychology, Brigham Young University.
- 2000, September. Marriage and health: A psychophysiological analysis. Italian Congress of Health Psychology.
- 1999, February. Personality and physical health. National Institute on Aging and National Institute on Mental Health.
- 1999, April. A social psychophysiology of cardiovascular response. Department of Psychology, Arizona State University.
- 1998, October. Interpersonal methods in cardiovascular reactivity research. Department of Psychiatry,

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University of Pittsburgh.

- 1997, August. A social psychophysiology of cardiovascular risk. American Psychological Association.
- 1995, April. Biopsychosocial approaches to arthritis disability. National Press Club, Washington, DC.
- 1994, October. Anger, hostility and the heart. Twelfth annual conference on health and wellness, Brigham Young University.
- 1993, March. Assessment of hostility: Implications for Research and Practice. Institute presented at the American Psychosomatic Society meeting (with J. Barefoot).
- 1993, June. Hostility and health. Memorial Sloan Kettering Cancer Center.
- 1993, October. Hostility and coronary heart disease. American Association of Cardiovascular and Pulmonary Rehabilitation, Orlando.
- 1993, October. Personality, social relations and cardiovascular disease. Department of Psychology, Carnegie Mellon University.
- 1992, March. Hostility and health: Psychosomatics in social context. Department of Psychology, San Diego State University.
- 1992, April. Cardiovascular reactivity and interpersonal relations: Psychosomatic processes in social context. American Psychosomatic Society, New York.
- 1992, April. Hostility and the heart. Sixteenth Annual Conference on Cardiovascular Health, State of Utah Department of Health, Salt Lake City.
- 1992, September. Coronary-prone behavior: Hostility and the heart. The Heart Institute and Institute for Behavioral Medicine, McKay-Dee Hospital, Ogden, Utah.
- 1992, November. Cardiovascular reactivity and interpersonal relations: Psychosomatics and social context. Department of Psychology. University of British Columbia.
- 1991, April. Emotional adjustment in rheumatoid arthritis: Concepts and measures. Arizona State University.
- 1991, October. Hostility, health, and social context. Behavioral medicine seminar, Department of Psychology, Yale University.
- 1991, November. Hostility and health. Address to the Utah Psychological Association, Salt Lake City.
- 1991, December. Assessment and modification of hostility in cardiac patients. Annual conference on

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Healing the Heart, Orlando.

- 1990, February. Stress, emotion, and coronary heart disease. American College of Cardiology conference, New Clinical Applications in Diagnosis and Therapy. Snowbird, Utah.
- 1990, March. Cardiovascular reactivity in social contexts: Social influence as active coping. Departments of Psychiatry and Psychology, University of Pittsburgh.
- 1990, March. Hostility and health. Department of Psychology, Penn State University.
- 1990, May. Assessment and management of hostility in coronary patients. Wisconsin Cardiac Rehabilitation Association, Green Bay.
- 1990, October. Hostility and health: Exploring biopsychosocial mechanisms. Ferkauf Graduate School of Psychology, Albert Einstein College of Medicine.
- 1990, November. Hostility, health and social contexts. University of California/ American Psychological Association sponsored conference, Hostility, Coping and Health. Lake Arrowhead, California.
- 1990, December. Assessment and modification of hostility in cardiac patients. Annual Conference on Healing the Heart, Orlando.
- 1989, April. Assessment and treatment of hostility in heart patients. Annual conference on Healing the Heart, Boston.
- 1989, May. Hostility and coronary heart disease. Grand rounds, Department of Psychiatry, LDS Hospital, Salt Lake City.
- 1989, October. Helplessness and depression in rheumatoid arthritis. American Pain Society.
- 1989, November. Interpersonal influence and cardiovascular reactivity: Psychosomatics in social contexts. Department of Psychology, State University of New York at Buffalo.
- 1988, March. Cardiovascular reactivity and interpersonal control. Department of Psychology, San Diego State University.
- 1988, March. Hostility and health. Institute presented at the Society of Behavioral Medicine meeting. (with R.B. Williams, Jr.)
- 1988, November. Cognitive distortion in chronic pain. Canadian Pain Society/American Pain Society Joint Meeting.

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1987, October. Psychosocial and psychophysiological correlates of cynical hostility. Department of Psychiatry, Duke University Medical Center.

1984, November. Behavioral factors in coronary heart disease. Department of Psychology, Gettysburg College.

1982, October. Symptoms as self-handicapping strategies. Department of Psychology, Connecticut College.

#### SELECTED PAPER PRESENTATIONS

Smith, T.W. et al. (2009). Hostile control predicts cardiovascular reactivity during marital interaction. American Psychosomatic Society.

\*Cundiff, J., Smith, T.W., et al. (2009). Subjective social status in middle-aged and older couples. American Psychosomatic Society.

\*Henry, N., Smith, T.W. et al. (2009). Depression, marital adjustment and metabolic syndrome. American Psychosomatic Society.

Smith, T.W., \*Cribbett, M. et al. (2008). Matters of the variable heart. American Psychosomatic Society.

Smith, T.W., Uchino, B.N., Berg, C.A., Florsheim, P., Pearce, G., \*Hawkins, M., \*Henry, N., \*Beveridge, R., \*Skinner, M., Hopkins, P.N., & Yoon, H.C. (2007). Dominance and affiliation as personality risk factors for coronary artery calcification. Society of Behavioral Medicine.

\*Glazer, K. M., Smith, T. W., Berg, C. A., Uchino, B. N., Florsheim, P., \*Henry, N. J., & \*Beveridge, R. (2006). Dispositional optimism as a predictor of affective and behavioral responses during marital interaction. Society of Behavioral Medicine

Smith, T.W., Berg, C., Uchino, B., Pearce, G. & Florsheim, P. (2006). Marital Conflict behavior and Coronary Artery Calcification. American Psychosomatic Society.

Berg, C. A., \*K. Ko, \*N. Story, \*N. Allen, \*R. Beveridge, T. W. Smith, P. Florsheim, G. Pearce, \*M. Skinner, B. Uchino. (2005). Cognitive function and interpersonal control in collaborative problem solving. Gerontological Society of America, Orlando FL.

\*Henry, N. A., Smith, T., Berg, C. A., Florsheim, P., \*Beveridge, R. (2005). Depressive symptoms and relationship factors in middle aged and older couples. Gerontological Society of America, Orlando FL.

\*Ko, K., Berg, C. A., Smith, T., Uchino, B. (2005). Profiles of successful aging in middle-aged and older adult married couples. Gerontological Society of America, Orlando FL.

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\*student co-author

- \*Skinner, M., Berg, C., \*Ko, K., Pearce, G., & Smith, T. (2005). Individual and spouse predictors of self-rated health: If you think you're doing badly, so am I. Gerontological Society of America, Orlando FL.
- Smith, T.W., Uchino, B.N., Berg, C.A., Florsheim, P., Pearce, G. (2005). Association of Spouse Ratings of anxiety, anger, and depression with coronary artery calcification in healthy older adults. American Psychosomatic Society.
- Smith, T.W., Uchino, B.N., Light, K., \*Hicks, A., \*Campo, R., \*MacKenzie, J. (2005). Cardiovascular reactivity during positive and negative couple interactions. American Psychosomatic Society.
- \*Allen, N., C. Berg, T. Smith, R. \*Beveridge, P. Florsheim, \*M. Hawkins, G. Pearce (2004). Positive and negative relationship characteristics in middle-aged and older married couples. Gerontological Society of America, Washington, D. C.
- \*Ko, K., Berg, C., Smith, T., Uchino, B., \*Allen, N., \*Beveridge, R., Pearce, G., \*Skinner, M., \*Daniels, C., \*Gilbert, J., \*Hamilton, K., \*Glazer, K, Florsheim, P. (2004) Facets of Neuroticism and Cognitive Functioning in Middle Aged and Older Adults. Gerontological Society of America, Washington, D. C.
- \*Skinner, M., Berg, C., Smith, T., \*Allen, N., Uchino, B.,\*R. Beveridge, P. Florsheim, \*C. Daniels, G. Pearce, \*K. Ko (2004). Context specificity of emotion regulation in older and middle-aged married couples. Gerontological Society of America, Washington, D. C.
- \*Allen, N., Berg, C., Smith, T., \*Hawkins, M., \*Glazer, K., Uchino, B., Florsheim, P., & \*Beveridge, R. (2003, November). The nature of marital conflict in middle aged and older couples. Gerontological Society of America, San Diego, CA.
- Berg, C., Smith, T., Uchino, B.,\* Hawkins, M., \*Glazer, K., \*Allen, N., \*Beveridge, R., & Florsheim, P. (2003, November). Agreement and accuracy in perceptions of self and spouse's cognitive functioning. Gerontological Society of America, San Diego, CA.
- Berg, C., Smith, T., Uchino, B., \*Hawkins, M., \*Glazer, K., \*Allen, N., \*Beveridge, R., Florsheim, P., \*Montgomery, S., & \*Warden, J. (2003, November). Cognitive functioning and cardiovascular reactivity during couples' collaborative problem solving. In L. Martire & M. Franks (Chairs), Older couples managing everyday challenges: A focus on partner perceptions and influences during dyadic interactions. Gerontological Society of America, San Diego, CA.
- \*Corral, I., Smith, T.W., \*Glazer, K., & \* Allen, N. (2003). Construct validation of MMPI-2 anger and dominance scales: Interpersonal and five-factor analyses. Society of Behavioral Medicine.
- \*Glazer, K.M., Smith, T.W., \*Hawkins, M.W., \*Allen, N.J., & Berg, C.A. (2003). Age as a moderator

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\*Glazer, K.M., Smith, T.W., Uchino, B.N., & \*Allen, N.J. (2003). Psychophysiological correlates of threat/challenge appraisal of a speech task. American Psychosomatic Society.

\*Hamann, H.A., Smith, K.R., Botkin, J.R., Smith, T.W., & Croyle, R.T. (2003). Interpersonal behavior among sibling dyads tested for BRAC1/2 gene mutations. Society of Behavioral Medicine.

\*Hamann, H.A., Smith, T.W., Smith, K.R., Botkin, J.R., & Croyle, R.T. (2003). Psychological and physiological responses to genetic testing among BRAC1/2 sibling dyads. American Psychosomatic Society.

\*Hawkins, M.W., Smith, T.W., \*Glazer, K.M., & \*Nealey-Moore, J. (2003). Alexithymia and marital adjustment across time. American Psychosomatic Society.

Smith, T.W., Berg, C.A., Uchino, B.N., \*Hawkins, M., \*Glazer, K., \*Bloor, L., \*Allen, N., & Florsheim, P. (2003) Blood pressure reactivity during disagreement and collaboration in middle-aged and older married couples. Society of Behavioral Medicine.

Smith, T.W., Drews, F., Uchino, B.N., strayer, D., \*Glazer, K.M., \*Ruiz, J.M., \*Campo, R., & \*Franklin, J. (2003). Sex differences in incentive effects on blood pressure reactivity during simulated driving. American Psychosomatic Society.

Smith, T.W., \*Nealey-Moore, J., Uchino, B.N., & \*Hawkins, M.W. (2003). Hostility, anger, and cardiovascular reactivity during marital interaction. American Psychosomatic Society.

Smith, T.W., Uchino, B.N., Berg, C.A., \*Hawkins, M.W., \*Glazer, K.M., \*Bloor, L., \*Allen, N.J., & \*Beveridge, R. (2003). Blood pressure reactivity during marital interaction predicts concurrent coronary artery disease. American Psychosomatic Society.

\*Allen, N.J., \*Glazer, K.M., Smith, T.W., & \*Nealey-Moore, J. (2002). Quality of Relationship Inventory as a predictor of marital satisfaction and depression. International Conference on Personal Relationships.

\*Glazer, K., Smith, T.W., \*Nealey, J., & \*Hawkins, M. (2002). Hostility and marital adjustment. Society for Behavioral Medicine.

\*Glazer, K.M., Smith, T.W., \*Nealey-Moore, J., & \*Hawkins, M. (2002). Dispositional optimism and relationship quality in married couples. International Conference on Personal Relationships.

\*Ruiz, J.M., Smith, T.W., & Uchino, B.N. (2002). Anger expression as active coping: Effects on cardiovascular reactivity and recovery. Society of Personality and Social Psychology.

- \*Ruiz, J.M., Smith, T.W., & Uchino, B.N. (2002). Anger expression in social contexts. Society of Behavioral Medicine.
- Smith, T.W., \*Nealey-Moore, J., Uchino, B.N., & Hawkins, M. (2002). Hostility, marital interaction, and cardiovascular reactivity. International Conference on Personal Relationships.
- \*Hawkins, M., Smith, T.W., & \*Gallo, L.C. (2001). Alexithymia, marital adjustment, and responses during marital interaction. Society of Behavioral Medicine.
- \*Nealey, J., Smith, T.W., \*Hawkins, M., & Uchino, B.N. (2001). Cardiovascular responses to positive and negative marital interactions. American Psychosomatic Society.
- \*Ruiz, J.M., Smith, T.W., & Uchino, B.N. (2001). Differences in magnitude and duration of vagal response for high and low hostile individuals. American Psychosomatic Society.
- Smith, T.W., \*Ruiz, J.M., & Uchino, B.N. (2001). Mental activation of supportive ties attenuates cardiovascular reactivity to stress. American Psychosomatic Society.
- \*Holt-Lunstad, J., Uchino, B.N., & Smith, T.W. (2000). Association between social relationships and health: The impact of relationship quality when seeking support during positive and negative events on cardiovascular reactivity. Society for Psychophysiological Research.
- \*Holt-Lunstad, J., Uchino, B.N., & Smith, T.W. (2000). Relationship quality predicts ambulatory blood pressure during social interactions. Society for Psychophysiological Research.
- Smith, T.W., \*Uno, D., Uchino, B., & \*Ruiz, J. (2000). Hostility, social support from friends, and cardiovascular reactivity in young women. Society for Psychophysiological Research.
- \*Uno, D., Uchino, B.N., & Smith, T.W. (2000). Relationship quality determines effectiveness of social support on cardiovascular reactivity. Society for Psychophysiological Research.
- \*Gallo, L.C., Smith, T.W., & Kircher, J.C. (1999). Cardiovascular and electrodermal responses to support and provocation: Interpersonal methods in the study of psychophysiological reactivity. American Psychosomatic Society.
- Sheffield, D., & Smith, T.W. (Chairs) (1999). Social interactions, relationships, and cardiovascular response. Symposium presented at the American Psychosomatic Society.
- Smith, T.W., \*Ruiz, J.M., & Uchino, B.N. (1999). Vigilance, influence, and cardiovascular response during social interaction. American Psychosomatic Society.
- \*Gallo, L.C., & Smith, T.W. (1998). Hostility and cardiovascular reactivity during marital interaction.

Society of Behavioral Medicine.

- \*Nealey, J.B., Smith, T.W., Uchino, B.N., \*Burgess, L., & Reed, K. (1998). Cardiovascular responses to agentic and communal stressors in young women. Society of Behavioral Medicine.
- Smith, T.W., \*Ruiz, J.M., & \*Gallo, L. (1998). Hostility and marital functioning: Mediating effects of attributions for spouse behavior. Society of Behavioral Medicine.
- \*Gallo, L.C., & Smith, T.W. (1997). Hostility and social support: Examination of naturally-occurring clusters of psychosocial risk. Society of Behavioral Medicine.
- Smith, T.W. (1997). Social psychophysiology of cardiovascular reactivity. Society of Behavioral Medicine.
- Smith, T.W., & \*Gallo, L.C. (1996). Agency, communion, and cardiovascular reactivity during marital interaction. Society for Psychophysiological Research.
- Smith, T.W., \*Nealey, J.B., Kircher, J.C., & \*Limon, J.P. (1996). Social influence, evaluative threat and cardiovascular reactivity. International Congress of Behavioral Medicine.
- Smith, T.W. (1995). Chair, Gender, stress, and cardiovascular risk: The moderating effects of social context. Symposium presented at the Society for Behavioral Medicine.
- Smith, T.W., \*Limon, J., \*Gallo, W., & \*Ngu, L. (1995). Gender, social influence, and cardiovascular reactivity. Society for Behavioral Medicine.
- Smith, T.W., \*Christensen, A., \*Peck, J., & Ward, J. (1993). Cognitive distortion and depression in rheumatoid arthritis: A four year longitudinal analysis. American Psychosomatic Society.
- Smith, T.W., \*O'Keeffe, J., & \*Christensen, A. (1993). Cognitive distortion and depressive disorders in chronic pain. Society of Behavioral Medicine.
- Smith, T.W., \*Sheppard, S., & Murray, L. (1993). Distinguishing expressive and experiential aspects of hostility. American Psychosomatic Society.
- \*Christensen, A.J., & Smith, T.W. (1991). Cynical hostility and cardiovascular response to self-disclosure. American Psychosomatic Society.
- \*Christensen, A. J., Turner, C. W., Smith, T. W., Holman, J. M., & Gregory, M. C. (1991). Locus of control and depression in end stage renal disease. Society of Behavioral Medicine.
- Smith, T. W. (1991). Developmental aspects of cynical hostility. American Psychological Association.

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\*student co-author

- Smith, T. W. (Chair) (1991). Hostility, social context, and health. Symposium presented at the American Psychological Association.
- Smith, T. W. (1991). Hostility, cardiovascular reactivity, and interpersonal context. American Psychological Association.
- Smith, T.W., & \*McGonigle, M.A. (1991). Cynical hostility and parental behavior in monozygotic male twins. American Psychosomatic Society.
- \*Christensen, A. J., Turner, C. W., Smith, T. W., Holman, J. M, Jr., & Gregory, M. C. (1990). Locus of control, treatment status, and depression in end stage renal disease. American Psychological Association.
- Ewart, C. K., & Smith, T. W. (co-chairs) (1990). Social competence deficits, chronic hostility, and cardiovascular risk. Symposium presented at the Society of Behavioral Medicine.
- \*Pope, M. K., & Smith, T. W. (1990). Daily urinary cortisol variation in high and low hostile men. Society of Behavioral Medicine.
- Smith, T. W., & \*Brown, P. W. (1990). Social influence and cardiovascular reactivity. Society of Behavioral Medicine.
- \*Allred, K. D., & Smith, T. W. (1989). Responses to provocation in hostile persons. Society of Behavioral Medicine.
- Smith, T. W., \*Baldwin, M., & \*Christensen, A. (1989). Cardiovascular reactivity and social influence. Society of Behavioral Medicine.
- Smith, T. W., \*McGonigle, M., Turner, C. W., Ford, M. H., & Slattery, M. L. (1989). Cynical hostility in adult male twins. American Psychosomatic Society.
- \*Sanders, J. D., Smith, T. W., & Alexander, J. F. (1988). Type A behavior and marital interactions. Society of Behavioral Medicine.
- Smith, T. W., \*Allred, K. D., \*Morrison, C., & \*Carlson, S. (1988). Cardiovascular reactivity and interpersonal control. Society of Behavioral Medicine.
- Smith, T. W., & \*Hardy, J. D. (1988). Cynical hostility and physiological response to conflict. Society of Behavioral Medicine.
- Smith, T. W., \*Pope, M. K., Rhodewalt, F., \*Carlson, S., & \*Morrison, C. (1988). Optimism and neuroticism. Society of Behavioral Medicine.
- Smith, T. W., \*Sanders, J. D., & Alexander, J. F. (1988). Cynical hostility in marital interactions. American Psychological Association.

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\*student co-author

- Suarez, E., & Smith, T. W. (Co-Chairs) (1988). Psychophysiological correlates of hostility. Symposium presented at the annual meeting of the Society of Behavioral Medicine.
- \*Allred, K., & Smith, T. W. (1987). The hardy personality: Physiological and cognitive responses to evaluative threat. Rocky Mountain Psychological Association.
- Smith, T. W., & \*Peck, J. (1987). Cognitive distortion in rheumatoid arthritis. American Psychological Association.
- Smith, T. W., & \*Pope, K. (1987). Cynical hostility at home and work. American Psychological Association.
- \*O'Keeffe, J. L., & Smith, T. W. (1986). Self-regulation and Type A behavior. Society of Behavioral Medicine.
- Smith, T. W., Turner, C. W., Ford, M. H., Williams, R. R., Barlow, G. K., & Shultz, B. (1986). Genetic influences on cardiovascular reactivity in adult male twins. American Psychological Association.
- Smith, T. W. (1985). Type A behavior and cardiovascular risk: An information processing approach. In R. E. Ingram, (Chair), Information processing approaches to psychopathology and clinical psychology. Symposium conducted at the meeting of the Association for the Advancement of Behavior Therapy.
- Smith, T. W., & \*Frohman, K. D. (1985). The Cook and Medley Hostility Scale: Validity and psychosocial correlates. Society of Behavioral Medicine.
- Smith, T. W., & \*O'Keeffe, J. (1985). Self-control processes in Type A behavior and depression. American Psychological Association.
- Smith, T. W., & Houston, B. K. (1984). Type A behavior, irritability, and cardiovascular response. Society of Behavioral Medicine.
- Smith, T. W., Houston, B. K., & Zurawski, R. M. (1984). The Framingham Type A scale and cardiovascular and cognitive-behavioral responses to interpersonal challenge. Society of Behavioral Medicine.
- Smith, T. W., Korr, K. S., Follick, M. J., & McCartney, J. R. (1984). The Framingham Type A scale and coronary artery disease. American Psychological Association, Toronto.
- Zurawski, R. M., Houston, B., K., & Smith, T. W. (1984). Cognitive-behavioral stress management training and galvanic skin response biofeedback training in the treatment of essential hypertension. Society of Behavioral Medicine.

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\*student co-author



Smith, T. W., Follick, M. J., & Ahern, D. K. (1983). The role of cognitive distortion, social support, and life stress in the emotional and functional status of chronic low back pain patients. World Conference on Behavior Therapy/Association for Advancement of Behavior Therapy.

Smith, T. W., Houston, B. K., & Zurawski, R. M. (1983). Finger pulse volume as a measure of anxiety: Response to evaluative threat and active versus passive coping. Society for Psychophysiological Research.

## PROFESSIONAL ACTIVITIES

NIH Behavioral Medicine Study Section, 1990, 1991, 1992-1996

Associate Editor:

American Psychologist (2006-2018)  
Health Psychology (1991-1996; 2012 - 2015)  
Journal of Social and Clinical Psychology (1987-1991)  
Cognitive Therapy and Research (1990-1993)  
Annals of Behavioral Medicine (1993-1996)  
Journal of Consulting and Clinical Psychology (1996-2002)

Editorial Boards:

Annals of Behavioral Medicine (2014-present)  
Journal of Behavioral Medicine (2012-present)  
Current Directions in Psychological Science (2004-2008).  
Personality and Social Psychology Review (2001-2006).  
Journal of Research in Personality (2003-2005)  
Clinical Psychology: Science and Practice (2002- 2014)  
Journal of Personality and Social Psychology: Personality (1989-1991; 1993-1997)  
Health Psychology (1989-2016)  
Cognitive Therapy and Research (1987-1990; 1994-1996)  
Journal of Social and Clinical Psychology (1985-1987)  
Women's Health (1995-1998)  
Journal of Rational-Emotive and Cognitive-Behavioral Therapy (1995-2002)  
Behavioral Medicine Abstracts (1985-1991)

Ad Hoc reviewer:

NSF, NIA, NIMH, Journal of Personality and Social Psychology, Journal of Consulting and Clinical Psychology, Psychological Bulletin, Psychological Review, American Psychologist, Health Psychology, Psychosomatic Medicine, Psychophysiology, American Journal of Cardiology, Journal of Behavioral Medicine, Journal of Personality, Journal of Research in Personality, Cognitive Therapy and Research, Behavioral Assessment, Journal of Psychopathology and Behavioral Assessment, Personality and Social Psychology Bulletin, Journal of Applied Social Psychology, European Journal of Personality, British Journal of Developmental Psychology, British Journal of Clinical Psychology, British Journal of Health Psychology, Journal of Gerontology, Diabetes Care, Personality and Individual Differences, Journal of Psychosomatic Research, Stroke, Psychology and Health, Psychological Medicine,

Journal of Internal Medicine, Nature Reviews.

:

Program Chair: RMPA 1988

APA Division 38 (Health Psychology) 1990

Co-Chair, Membership Committee, Division 38 (Health Psychology) (1988-1991)

Co-Chair, Continuing Education Committee, Society of Behavioral Medicine (1987-1991)

Director of Graduate Studies, Department of Psychology, University of Utah (1986-1990)

Coordinator of Graduate Training in Health Psychology, Department of Psychology, University of Utah  
(1989-1996; 2002- present)

Member, University of Utah Institutional Review Board (2002-2006)

Chair, IPIA Health Policy Search Committee (2007-2008)

Co-Chair, College of Social and Behavioral Science Dean Search Committee (2008-2009)

Member at Large, Executive Committee of APA Division 38 (Health Psychology) 1992-1995

Newsletter Editor, American Psychosomatic Society (1993-1995)

Member at Large, Utah Psychological Association (1993-1995)

Director of Clinical Training, Department of Psychology, University of Utah (1993-1996; 2006-2009)

Executive Council, American Psychosomatic Society (1996-1999).

Chair, Publications Committee, Division of Health Psychology, American Psychological Association  
(1998-2000; 2006-2009)

Board Member, Academy of Behavioral Medicine Research (2007 – 2010)

President, Division of Health Psychology, American Psychological Association (2000-2001)

President, Academy of Behavioral Medicine Research (2010-2011)

COURSES TAUGHT

Undergraduate:

Introductory Psychology

Health Psychology Module of Introductory Psychology

Personality Module of Introductory Psychology

Health Psychology  
 Survey of Clinical Psychology  
 Theories of Personality  
 Research Methods

Graduate:

Research Methodology in Clinical Psychology  
 Clinical Health Psychology  
 Behavioral Approaches to Cardiovascular Disease  
 Personality Assessment  
 Psychology of Medical Conditions and Settings  
 Personality and Health

GRANTS AND CONTRACTS

*Hostility and Risk of Coronary Heart Disease*, Biomed research support grant, 1984-1985 - \$3,200.

*Hardiness, Type A Behavior, and Physiological Reactivity*, Biomed research support grant, 1985-1986 - \$3,600.

*The Type A Behavior Pattern and Physiological Responses during Marital Disagreements*, University Research Committee, 1986-1987 - \$5,000.

*Cardiovascular Reactivity and Social Influence*, Biomed Research Support Grant, 1988-1989 - \$5,600.

*Hostility and Cortisol Excretion in Humans*, Biomed Research Support Grant, 1989-1990 - \$4,900.

*Graduate Health Psychology Curriculum Development*, University Teaching Grant, 1989-1990 - \$5,750.

*Social Support and Cardiovascular Reactivity*, University Research Committee, 1992-1993, \$4,840.

*Understanding the Health Effects of Social Relationships*. NIMH, 1998-2001, Direct costs: \$286,192. (Co-investigator, 10%; PI: B. Uchino).

*Hostility, Marital Interaction, and Health in Aging*. NIA, 2001-2005. Direct costs: \$1,245,098. (PI:20%).

*Cardiovascular-Oxytocin Links in Social Interaction*. NHLBI, 2003-2006. Direct costs: \$1,168,725. (PI: 25%)

*Social Relationships and Cardiovascular Health: An Examination of Mechanisms*. NHLBI, 2007-2011. Bert N. Uchino P.I, \$1,009,125 total costs). Co-Investigator, 10%

*Social Relationships and Cellular Aging*. NIA, 2007-2009. Bert N. Uchino (P.I.), \$411,125 total costs. Co-Investigator, 10%

*Social Vigilance and Atherosclerotic Risk*, NHLBI, 2012-2016. John Ruiz (PI), \$2,145,512 total costs. Co-Investigator, 10%.

*Understanding Relationship Ambivalence and its Links to Cardiovascular Health*, NHLBI, 2018-2020. Bert N. Uchino (PI), \$1,121,604 total costs. Co-Investigator (10%).

THESES AND DISSERTATIONS CHAIRED OR CO-CHAIRED\*

<u>NAME</u>	<u>TITLE</u>	<u>DEGREE</u>	<u>YEAR</u>
Karl Frohm	Type A Behavior, Hardiness, and Physiological Response to Challenge	Ph.D.*	1986
John Hardy	Cynical Hostility and Physiological Response to Conflict	Ph.D.	1987
Larry Lighty	The Interpersonal Basis of Anger and Depression	Ph.D.	1987
Jill Sanders	Type A Behavior and Marital Interactions	Ph.D.*	1987
Jeff Kocherhans	Depression and Attention to Positive and Negative Semantic Content	Ph.D.*	1987
Jennifer O'Keeffe	Self-Regulation and Type A Behavior	MA	1986
	Self-Schema in Chronic Pain & Depression: An Information Processing Approach	Ph.D.	1989
Ken Allred	The Hardy Personality: Cognitive and Physiological Responses to Threat	MA	1987
	Cognitive, Behavioral, and Physiological Responses to Conflict in Cynical Hostility	Ph.D.	1989
Mary Katherine Pope	Hostility, Interpersonal Conflict, and Physiological Reactivity	MA*	1987
	Mediating Variables in the Cynical Hostility and Health Relationship	Ph.D.	1990

Cheryl Morrison	Sex Differences in Physiological Reactivity	MA	1989
Mary McGonigle	Cynical Hostility in Adult Male Twins	MA	1990
Judy Peck	Assessment of Disability in Rheumatoid Arthritis	MA*	1986
Peter Brown	Influence Attempts in Marital Interactions: Physiological and Behavioral Effects	MA	1990
	Task Difficulty and Cardiovascular Reactivity: Effects of Social Perception in the Marital Context	Ph.D.	1993
Alan Christensen	Self-disclosure and Social Conflict: Effects on Physiological Reactivity in Hostile Men	MA	1991
	Compliance and Adjustment in End-Stage Renal Disease: A Person by Situation Interaction Approach	Ph.D.	1992
Steve Sheppard	Hostility and Social Perception	MA	1993
	Alexithymia and physiological responses to social evaluation stress.	Ph.D.	1997
Tina Rich	Self and Other Blame in Chronic Illness: Effects on Emotional Adjustment	MA	1993
	Psychophysiological Effects of Emotional Suppression in Post-Traumatic Stress Disorder	Ph.D.	1998
Linda Gallo	Hostility and Social Relations	MA	1995
	Effects of Provocation and Social Support on Cardiovascular Reactivity	Ph.D.	1998
Jill Nealey	Effects of Agency and Communion Challenges on Cardiovascular	MS	1998

	Reactivity in Women		
	Cardiovascular Response during Marital Interaction	PhD	2002
John Ruiz	Anger Expression as Social Influence: Effects on Cardiovascular Response	PhD	2002
Heidi Hamann	Genetic Risk for Breast Cancer And Sibling Relations	PhD	2002
Melissa Hawkins	Alexithymia in Marriage: Effects On Adjustment and Responses to Interaction	MS	2001
	Affiliation and Control in Marriage: Associations with Marital Adjustment and Physiological Response During Interaction	PhD	2005
Kelly Glazer	Mental Activation of Supportive and Critical Social Ties: Effects on Cardiovascular Reactivity	MS	2002
	Marital Factors and Adherence to Continuous Positive Airway Pressure in Sleep Apnea	PhD	2007
Chrisana Olson-Cerny	Psychophysiological Effects of Anger Arousal and Suppression in Post-Traumatic Stress Disorder	PhD	2005
Nancy Henry	Structure and Correlates of Marital Satisfaction in middle-aged and older adults.	MS	2005
	Marital adjustment, depression, and the metabolic syndrome.	PhD	2009
Justin MacKenzie	Anger, depression and marital adjustment in African Americans and Caucasians	MA	2007
	Effects of Language and Partner Ethnicity on Cardiovascular Reactivity during Social Interaction	PhD	2011

Emily Traupman	Perceptions of Spouse Dominance and Affiliation during Marital Conflict: Effects of Anger, Anxiety, and Depression	MS	2008
	Appraisal Biases and Ambulatory Blood Pressure	PhD	2011
Kevin Jordan	Interpersonal Analysis of Health Anxiety	MS	2009
	Religiousness and Spirituality as Moderators of Physiological Responses to Social – Evaluative Threat	PhD	2014
Jenny Cundiff	Complementarity in Marriage	MS	2011
	Relative Social Status, Partner Dominance, and Cardiovascular Reactivity during Social Interaction	PhD	2014
Catherine Caska	Cardiovascular Reactivity during Marital Interaction in Veterans with PTSD and Their Spouses	PhD	2013
Carolyn E. Baron	Trait Negative Affectivity and Ambulatory Blood Pressure	MA	2014
	Spouse support and CPAP Adherence	PhD	2018
Jeremy L. Grove	Borderline Personality Features and Cardiovascular Risk	MA	2015
	Sleep Quality, Suicidality, and Affective Responses to Evaluative Threat	PhD	2019
Carlene Deits-Lebehn	Interpersonal Correlates of Mindfulness	MA	2018
	Interaction Valence, Self-Regulation, and Heart Rate Variability during Social Interaction	PhD	2020 (anticipated)
Kimberley Parkhurst	Trait Affiliation and Resting Heart Rate Variability	MA	2019