

Trisha Weeks

Curriculum Vitae

Department of Psychology
University of Utah
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Education:

- Ph.D., Developmental Psychology, University of Utah, 2013
Dissertation: *"I'll always be that awkward one": How Mothers and Adolescents Jointly Construct Adolescent Selves in Conversation*. In press. Examines the narrative processes between 90 teens and their mothers as they discuss identity-confirming and identity-challenging events. Results suggest age-related differences in the types of statements made about the child, and age and gender related differences in maternal response.
- M.S., Marriage and Family Therapy, Brigham Young University, 1995
Thesis: *The Effects of Hardiness, Social Support, and Severity on Adjustment in Adult Survivors of Childhood Sexual Abuse*, 1995
- B.S., Sociology, Brigham Young University, 1992, Magna Cum Laude
Valedictorian of the College of Family, Home, and Social Sciences

Grants & Awards

- Recipient, Teaching Commendation, 2009
Awarded by the University of Utah Psychology Department
- Recipient, Graduate Instructor of the Year Award, 2007-2008
Awarded by the University of Utah chapter of Psi Chi
- Recipient, APA travel award, 2005
- Co-recipient, Clayton Grant, 2005
Awarded funding to conduct research with young adults
- Recipient of the 1994-1995 Sant Fellowship
- Board of Trustees Scholarship, August 1986-1991

Publications

Weeks, T. L., & Pasupathi, M. (in prep). Integrating experiences within the self: sharing meaning about novel experiences enhances self-integration. Across three studies, narrating novel events for meaning enhanced self-integration.

Pasupathi, M., Mansfield, C., & Weeks, T. L. (2014). Me and my stories. In Thomas Holtgraves (Ed.) *Oxford Handbook of Language and Social Psychology*. Oxford University Press.
DOI:10.1093/oxfordhb/97801199838639.013003

Weeks, T. L. & Pasupathi, M. (2011). Stability and change self-integration for negative events: The role of listener responsiveness and elaboration. *Journal of Personality*. 79(3). 469-498.

Pasupathi, M., & Weeks, T. L. (2010). Integrating self and experience in narrative as a route to adolescent identity construction. In T. Habermas (Ed.), *The development of autobiographical reasoning in adolescence and beyond. New Directions in Child and Adolescent Development, 131*, 31-43.

Weeks, T. L., & Pasupathi, M. (2009). Autonomy, identity, and joint autobiographical remembering in adolescence. In McLean, K. C., & Pasupathi, M., (Eds.) *Narrative Development in Adolescence: Creating the Storied Self*. Springer.

Pasupathi, M., McLean, K. C., & Weeks, T. (2009). To tell or not to tell: Disclosure and the narrative self. *Journal of Personality, 77*, 1-35.

Pasupathi, M. & Weeks, T. L. (2009). Storytelling and relationships. Harry T. Reis & Susan Sprecher (Eds.), *Encyclopedia of Human Relationships*. Thousand Oaks, CA: Sage

Pasupathi, M., Weeks, T. & Rice, C. (2006). Reflecting on life: Remembering as a major process in adult development. *Journal of Language and Social Psychology, 25*, 1-20.

Weeks, T., Barlow, B., Hawkins, A., & Griffin, G. C. (Eds.). (Spring, 1999). *Centered on Families: Parenting Young Children*, Provo, Utah: Brigham Young University Press.

Weeks, T., Hawkins, A., & Barlow, B. (Eds.). (Spring, 1998). *Centered on Families: High Adventure*. Provo, Utah: Brigham Young University Press.

Weeks, T., Hawkins, A., & Barlow, B. (Eds.). (Summer, 1997). *Centered on Families: Starting Out Right in Marriage*. Provo, Utah: Brigham Young University Press.

Presentations

Weeks, T. (2018, January 5, February 7, and April 4, 2018). Anger and Management. Workshops and presentations to the Elementary School Principals of Granite School District, Salt Lake City, UT.

Weeks, T. (2016, January 27). Same Event, Different Stories: Comparing Young Adult Narratives to Mothers versus Friends on Length, Tone, and Learning. Retrieved from osf.io/nrdqy. Poster presented at the annual Society for Personality and Social Psychology, San Diego, CA.

Weeks, T. & Pasupathi, M. (2012, March). Creating meaning, shaping selves: Meaning making and self-integration in adolescent narratives. Poster presented at the bi-annual conference of the Society for Research on Adolescents, Vancouver, Canada.

Weeks, T. L., & Pasupathi, M. (2011, June). Developmental implications of mother-child reminiscing in adolescence. Poster presented at the annual conference of the Jean Piaget Society, Berkeley, CA.

Weeks, T. L., & Pasupathi, M. (2010, May). Mother and teen talk about memories: Identity in the making. Paper presented at the annual conference of the Association for Psychological Science, Boston, MA.

Weeks, T. L. & Pasupathi, M. (2010, March). Identity construction in mother-teen conversation: Stability and change. Paper presented at the bi-annual conference of the Society for Research on Adolescence, Philadelphia, PA.

Weeks, T., & Pasupathi, M. (2009, June). Adolescents' autonomy and identity negotiation with mothers vs. friends: Processes, issues, and outcomes. Paper presented at the meetings of the Jean Piaget Society, Park City, UT, USA.

Pasupathi, M., Weeks, T., & Liu, T. (2005, August). Socially constructing narrative identity: Some thoughts on told and untold tales. Presented at the annual conference of the American Psychological Association, Washington, D.C.

Weeks, T. (1995, November). Hardiness in Adult Female Survivors of Childhood Sexual Abuse. Student paper presented at the fall conference of the Utah Association of Marriage and Family Therapists, Park City, UT.

Feinauer, L.L., & Weeks, T. (1995, October). Effects of Hardiness, Social Support, & Severity of Abuse on Adjustment in Adult Survivors of Childhood Sexual Abuse. Poster presentation at the annual conference of American Association of Marriage and Family Therapists, Baltimore, MD.

Teaching Experience

- Career Line Faculty, University of Utah, Psychology Department, July 2016- present
Fall 2016 to Spring 2018: Introductory Psychology (on campus and online), Statistics, Research Methods (on campus and online), Psych as a Career and Profession
Developed an online version of Introductory Psychology for the University, and a canvas resource course for new instructors
- Visiting Professor, Brigham Young University, School of Family Life, 2014-2016
Winter 2014 to Spring 2016: Cognitive Development;
Fall 2015, Winter 2016: Research Practicum
Winter 2014 to Winter 2015: Language Development
- Adjunct Instructor, University of Utah
Fall, 2013: Adolescent Development; Statistical Methods in Psychology
Summer, 2013: Research Methods
- Adjunct Instructor, Weber State University, Department of Psychology
Summer, 2012; Spring 2012; Fall 2013: Psychology of Adolescence
Fall, 2012, Spring, 2013: Introduction to Psychology
- Graduate Instructor, University of Utah, Department of Psychology
Fall 2006: Psychology of Infancy and Childhood (telecourse)
Summer 2007: Research Methods in Psychology (online)
Fall 2007: Infancy & Early Childhood Development (online)

- Spring, Summer, Fall 2008, Fall 2011, Summer 2012: Statistical Methods in Psychology
Spring 2009, Fall 2011: Child and Adolescent Development
Fall, 2009, Spring, 2010: Personality and Social Development
Fall 2010, Spring 2012, Fall, 2012, Spring, 2013: Introductory Psychology
Spring 2011: Adolescent Development (online)
Summer 2011: Psychology as a Career and as a Science
- Teaching Assistant, University of Utah, Department of Psychology
 - Fall 2004: Psychology of Love
 - Spring 2005: Research Methods in Psychology
 - Summer 2005, Spring 2007: Statistical Methods in Psychology
 - Fall 2005: Quantitative Methods I (graduate level statistics)
 - Spring 2006: Quantitative Methods II (graduate level statistics)

Previous Employment & Other Professional Training

Teaching and Curriculum Development

- Development of online course for Introductory Psychology, University of Utah, 2017
- Writing Matters Workshop attendee, Brigham Young University, 2016.

Clinical Training and Experience

- Marriage and Family Therapist License issued by the State of Utah, October 2002.
License #316099-3902.
- Therapist, Jordan Valley Counseling Clinic, 1996 to 2004
- Therapist, Blomquist Hale Consulting Group, 2000 to 2002

Administrative/Outreach

- Developmental area graduate student representative, 2009
- Associate Director of Outreach, Brigham Young University's Center for Studies of the Family, 1997 to 1999
- Summer Intern, American Association for Marriage & Family Therapy, Washington, D.C. 1994

Research Experience

- HLM Workshop attendee, August 2010, NCSU, Raleigh, North Carolina
- Research Assistant, Brigham Young University 1993 to 1995